

Rural Primary Health Service – Information for GPs

Introduction

The aim of the Rural Primary Health Service (RPHS) is to increase effective management of chronic conditions or chronic condition risks in regional and remote communities. This is accomplished by providing additional allied health sessions to eligible patients at no cost.

Patient eligibility

People eligible to be referred into the RPHS program must have:

- chronic condition or
- a chronic condition risk.

For people with a chronic condition, a GP will need to refer into the program by determining whether a person is eligible for Chronic Disease Management services. People on a care plan are eligible to receive two additional sessions or unlimited group sessions under the RPHS program.

People at risk of a chronic condition are eligible for two sessions or unlimited group sessions. The service they access must correspond to the identified risk factor/s.

Referral process

Please send the referral form directly to the RPHS provider in your local area. See over the page for a full list of provider details.

Objectives

The program's objectives are to:

- increase the number of people who are effectively managing their chronic condition (or chronic condition risk) in underserved regional or remote communities.
- increase equitable access to sustainable primary healthcare services in underserved regional or remote communities.

About CheckUP

CheckUP is the operational coordinator of the Rural Primary Health Services (RPHS) program that is supported by Country to Coast, QLD (CCQ).

CheckUP is a not-for-profit organisation dedicated to improving the health and wellbeing of people and communities in need, especially those in rural, regional, and remote areas. We are committed to advancing equity in healthcare by strategically collaborating at both regional and local levels, ensuring that health and community services are more accessible and responsive to people who need them most.

Since our foundation in 1998, CheckUP has built a broad service footprint across more than 170 communities in Queensland, delivering innovative health programs and community-focused initiatives to reduce disparities in health outcomes.



Service	Location/s	Contact
Diabetes Educator	Gladstone, Moura, Wowan	Lisa Grice (07) 4863 5678 admin@diabetesexpertise.com.au
Dietitian	Emerald, Sapphire, Springsure, Blackwater	Annette Billiau 0412 998 729 info@highlandsnutrition.com.au
	Mount Morgan	Entirely Health (07) 4922 2722 admin@entirelyhealth.com.au
	Gladstone, Biloela, Theodore	Happier, Healthier - Nutrition + Dietetics (07) 4903 1980 referrals@happierhealthier.net.au
Exercise Physiologist	Theodore, Moura	Active U 0400 805 421 activeufit@gmail.com
	Emerald	You Move Health & Rehab (07) 4805 6020 info@youmovehealth.com.au
	Gladstone	Physio & Fitness (07) 4972 3244 admin@physioandfitness.com.au
Podiatrist	Baralaba, Moura, Theodore, Biloela, Wowan, Gladstone, Mount Morgan	Cameron Stevenson 0408 147 777 cameronmstevenson88@gmail.com
Psychologist	Blackwater, Emerald, Gladstone, Theodore	Wakai Waian Healing referralscq@wakai-waian.com.au
Physiotherapist	Biloela	Elizabeth Orr (07) 4962 1210 orrsim@icloud.com
	Mount Morgan	Entirely Health (07) 4922 2722 admin@entirelyhealth.com.au
	Theodore	Mind Body and You (07) 4972 8689 info@mindbodyandyou.com.au
	Wowan	Wowan/Dululu Multi-Purpose Centre (07) 4937 1119 admin@wdmpc.org

Referrer details – Please send the referral form directly to the RPHS provider in your local area.

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