

# The Rural Primary Health Service (RPHS): Helping you stay healthy, locally



## Free sessions with health professionals like:

Physiotherapists | Dietitians | Diabetes educators

## Assistance managing chronic conditions like:

Heart disease | Diabetes | Arthritis

## Who can access it?

Talk to your local clinic today. Ask if RPHS is available near you.

*Your health matters - no matter where you live.*

“(The provider) helped to talk through things that were blocking me getting started with making new habits to improve my health. They helped set small, achievable goals to make those changes.”  
- RPHS Patient



The RPHS program is supported by funding from Country to Coast, QLD (PHN) and delivered by CheckUP.