

Rural Primary Health Service – Information for GPs

Introduction

The aim of the Rural Primary Health Service (RPHS) is to increase effective management of chronic conditions or chronic condition risks in regional and remote communities. This is accomplished by providing additional allied health sessions to eligible patients at no cost.

Patient eligibility

People eligible to be referred into the RPHS program must have:

- chronic condition or
- a chronic condition risk.

For people with a chronic condition, a GP will need to refer into the program by determining whether a person is eligible for Chronic Disease Management services. People on a care plan are eligible to receive two additional sessions or unlimited group sessions under the RPHS program.

People at risk of a chronic condition are eligible for 2 sessions or unlimited group sessions. The service they access must correspond to the identified risk factor/s.

Referral process

Please send the referral form directly to the RPHS provider in your local area. See over the page for a full list of provider details.

Objectives

The program's objectives are to:

- increase the number of people who are effectively managing their chronic condition (or chronic condition risk) in underserved regional or remote communities.
- increase equitable access to sustainable primary healthcare services in underserved regional or remote communities.

About CheckUP

CheckUP is the operational coordinator of the Rural Primary Health Services (RPHS) program that is supported by Country to Coast, QLD (CCQ).

CheckUP is a not-for-profit organisation dedicated to better health for people and communities who need it most. CheckUP works with partner organisations and health providers to create healthier communities and reduce health inequities through a range of initiatives. CheckUP has an established footprint in over 170 communities across Queensland.



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Service	Location/s	Contact
Diabetes educator	Gladstone	Sarah Coldham 0418 451 246 sarah@coastalhealthcq.com
Dietitian	Emerald, Sapphire, Springsure, Blackwater	Annette Billiau 0412 998 729 info@highlandsnutrition.com.au
Dietitian	Gladstone, Biloela	Kimberly May (07) 4903 1980 referrals@happierhealthier.net.au
Exercise physiologist	Emerald	Grant Hancock (07) 4805 6020 info@youmovehealth.com.au
Podiatrist	Baralaba, Moura, Theodore, Biloela, Wowan, Gladstone Blackwater	Cameron Stevenson 0408 147 777 cameronmstevenson88@gmail.com Anna Houghton 0407 318 008 admin@evolutionpodiatry.com

Referrer details – Please send the referral form directly to the RPHS provider in your local area.

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