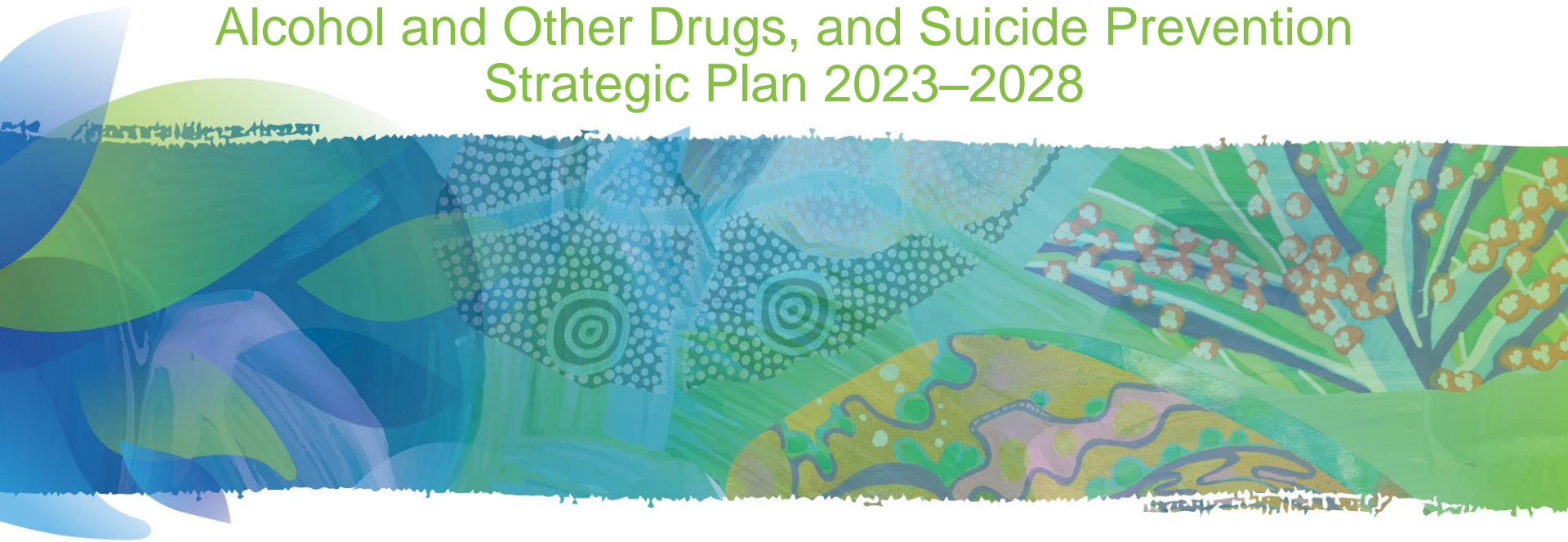


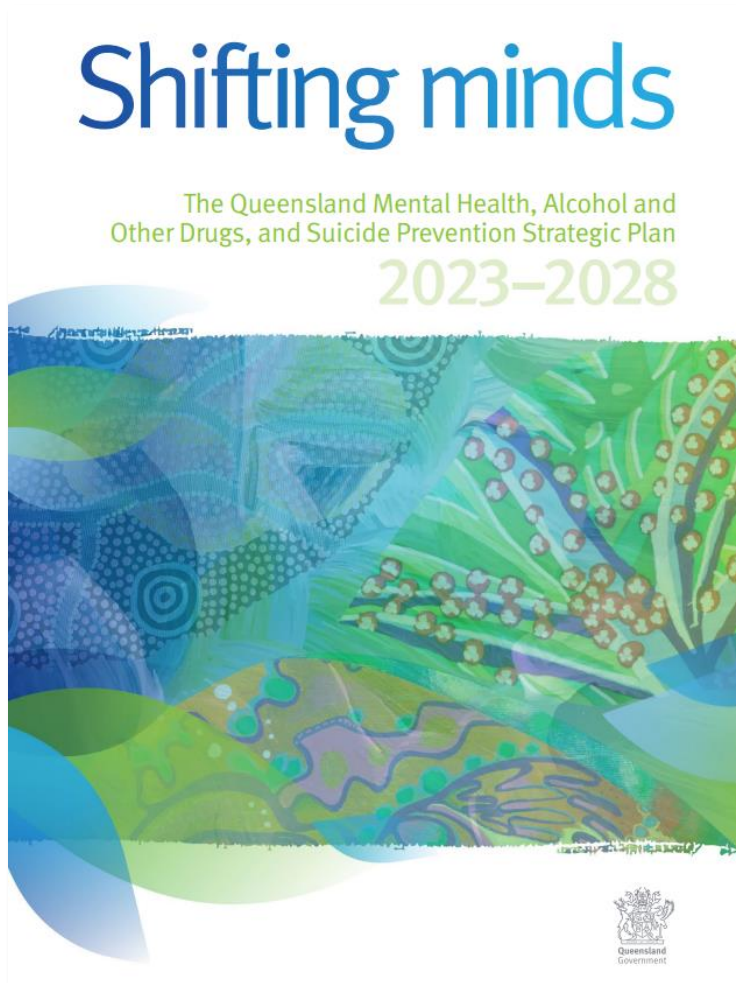
Shifting minds

The Queensland Mental Health,
Alcohol and Other Drugs, and Suicide Prevention
Strategic Plan 2023–2028



Queensland
Mental Health
Commission





The next phase of reform

- Whole-of-government plan for mental health, AOD and suicide prevention for the next five years
- Sets out the strategic directions and priority actions needed to change current system approaches
- Informs approaches to policy, program/service design, funding, commissioning and service delivery
- Implementation requires joint action and partnership across all government agencies and cross-sector partners
- Relevant to all sectors and agencies involved in mental health, alcohol and other drugs, and suicide prevention – across the continuum of care, spectrum of illness, and the wider social determinants

Shifting minds

The Queensland Mental Health, Alcohol and
Other Drugs, and Suicide Prevention Strategic Plan

2023–2028



Every life

The Queensland Suicide Prevention Plan
2019–2029

Phase One

Achieving balance

The Queensland Alcohol and Other Drugs Plan
2022–2027



Developing the plan



Consultation

Snapshot of consultation and engagement



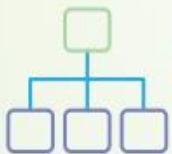
More than
640
Queenslanders



23
workshops



9 locations
across Queensland
plus several
online sessions



More than
300
organisations



102
survey
responses



More than
80
people with
lived experience
(including carers and peer workers)

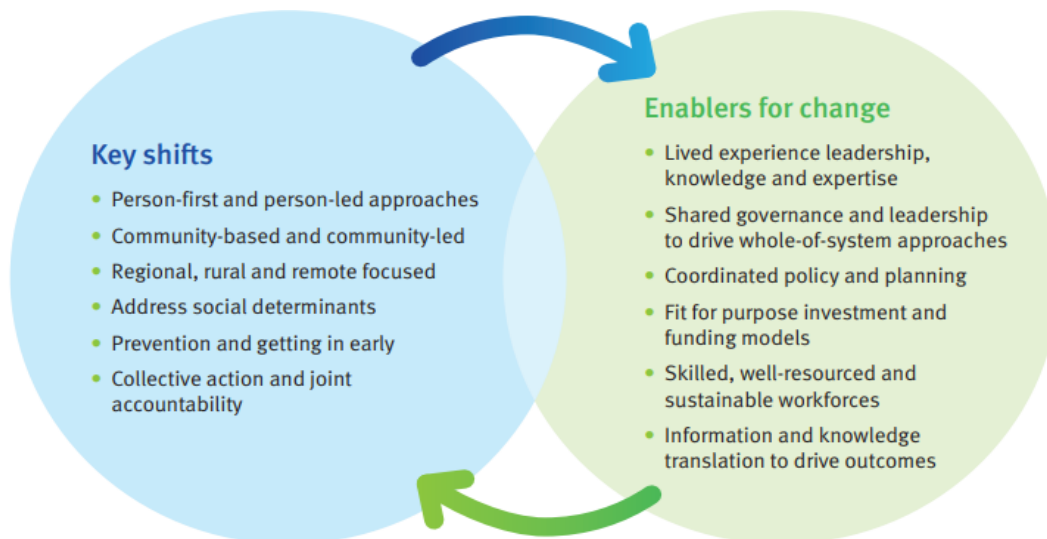
- People with lived experience and their carers and families
- Members of the general public
- Peak agencies, cross-sector representatives, and other subject matter experts
- Workforces and workforce representatives
- Government departments

Vision

Queenslanders are mentally healthy and well, connected with their communities, and supported by an integrated and coordinated mental health and wellbeing system.

Focus areas

Whole-of-community | Whole-of-person | Whole-of-System



Guiding principles

Led by people with lived experience and their families and carers

Culture matters

Human rights and dignity

Social justice, belonging and equity

Getting in early

Community-led

Community first

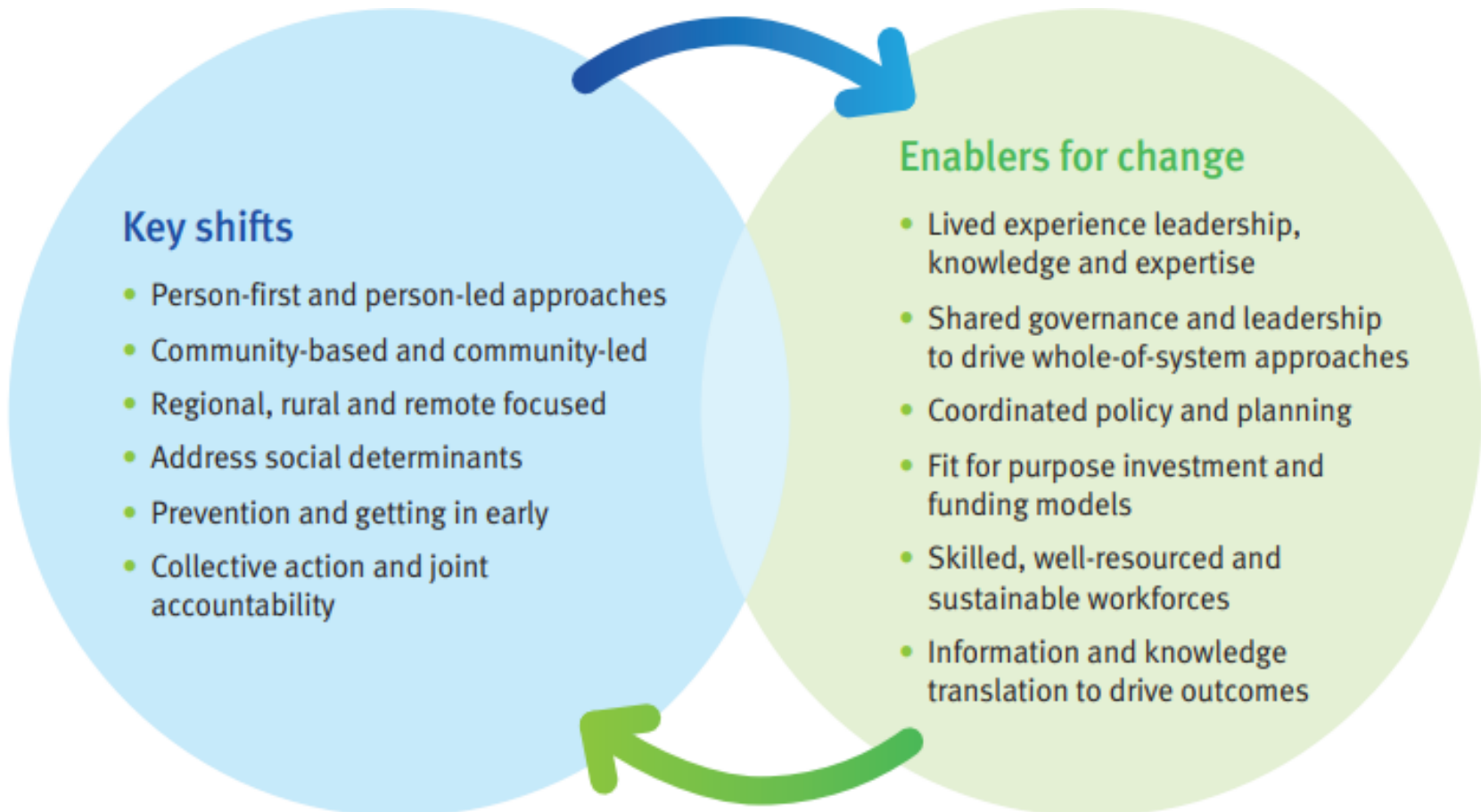
Person-centred

Addressing stigma and discrimination

Collective responsibility and accountability

Driven by evidence and need

Key shifts needed to enable change



Strategic directions and priorities

Focus area 1

Whole-of-community

Priorities

Direction: Strengthen mental health and wellbeing

- Increase individual literacy and community awareness, and address stigma and discrimination
- Support mental health and wellbeing in educational settings and workplaces
- Enhance, support and build community capacity and resilience

Direction: Getting in early

- Promote the optimal start in life (0–11 years old)
- Support the mental health and wellbeing of young people (12–25 years)
- Reduce the impact of adversity and trauma

Direction: Advance First Nations health equity

- Strengthen the social and emotional wellbeing of First Nations Queenslanders

Focus area 2

Whole-of-person

Priorities

Direction: Accessible, coordinated and integrated support, care and treatment

- Improve whole-of-system connections and navigation
- Expand integrated community-based services
- Address inequitable access to services and supports
- Prevent and reduce harms associated with problematic alcohol and other drug use, and gambling

Direction: Person-led, trauma-informed and culturally responsive care

- Increase and improve the capacity and capability to provide high-quality care
- Strengthen human rights protections and reduce harm

Direction: Active social and economic participation

- Enhance access to housing, and prevent and reduce the impacts of homelessness
- Increase participation in education, training and employment
- Facilitate and support greater social participation and connection

Focus area 3

Whole-of-system

Priorities

Direction: Shifting our approach

- Embed localised responses
- Build a future-focused and innovative system

Direction: Enable change

- Strengthen lived experience leadership, participation, co-design and co-production
- Provide longer-term, flexible funding focused on gaps, needs and impact
- Build a skilled, well-resourced and sustainable workforce
- Ensure system planning, design and practice is shaped by timely data and information

Direction: Collective responsibility

- Strengthen joint leadership and governance mechanisms for implementation

Whole-of-community – highlights

- Whole-of-government mental health and wellbeing strategy
- Whole-of-government trauma strategy
- Mental wellbeing across life's big settings
- Advance First Nations health equity

Whole-of-person – highlights

- Improve whole-of-system connection and navigation
- Expand integrated community-based peer and psychosocial support services
- Co-design, trial and evaluation of rural and remote models of support, care and treatment
- Continued expansion of alternatives to emergency department presentation
- Intervening early in distress (beyond health services)

Whole-of-system – highlights

- Strengthen lived experience leadership, participation, co-design and co-production
- Support collaborative cross-sector workforce development
- Ensure system planning, design and practice is shaped by timely data and information

Next steps

- Implementation plan
- Strategic Leadership Group
 - Accountability and governance
 - Leverage cross-portfolio work and investment
 - Integrated and coordinated approaches
 - Quarterly progress monitoring
 - Annual reporting
- Evaluation of outcomes and impacts
- Government agencies will be partnering with cross-sector partners to deliver